

Fruits for the Week

Freely Distributed by the Islamic Union of Hong Kong 2nd February, 2004

4th Floor, 40 Oi Kwan Road, Wan Chai, Hong Kong

Tel: 2575 2218

Fax : 2834 5409

E-mail: iuhk@netvigator.com

Voluntary Fast During The Month Of Muharram

The Prophet Muhammad (p.b.u.h.) has recommended his ummah to do voluntary fast during the month of Muharram, especially the day of 'Ashura and the days immediately preceding and following it.

1. Abu Hurairah reported: "I asked the Prophet: 'Which prayer is the best after the obligatory prayer?' He said: 'Prayer during the middle of the night.' I asked: 'Which fast is the best after the fast of Ramadhan?' He said, 'The month of Allah that you call Muharram.'" This is related by Ahmad, Muslim and Abu Dawud.
2. Mu'awiyah ibn Abu Sufyan reported that he heard the Messenger of Allah say: "Concerning the day of 'Ashura, it is not obligatory upon you to fast on it as I do. Whoever wishes may fast and whoever does not wish to is not obliged to do so." This is related by Bukhari and Muslim.
3. 'Aishah stated: "The tribe of Quraish used to fast on the day of 'Ashura in the days before Islam, as did the Prophet. When he came to Madinah, he still fasted on it and ordered the people to do likewise. Then, when fasting during the month of Ramadhan became obligatory, he said: 'Whoever wishes may fast ('Ashura) and whoever wishes may leave it.'" This is related by Bukhari and Muslim.
4. Ibn 'Abbas reported: "The Prophet came to Madinah and found the Jews fasting on the day of 'Ashura. He said to them: 'What is this fast?' They said: 'A Great day. Allah saved Moses and the tribes of Israel from their enemies on this day and therefore, Moses fasted on this day.' The Prophet said: 'We have more of a right to Moses than you,' so he fasted on that day also and ordered the people to fast on that day." This is recorded by Bukhari and Muslim.

5. According to Bukhari and Muslim, Musa Al-Ash'ari reported: "The Jews would honor the day of 'Ashura as an 'Ied. The Prophet said: 'You (Muslims) are to fast on it.'"
6. Ibn 'Abbas reported: "The Messenger of Allah fasted on the day of 'Ashura and ordered the people to fast on it. The people said: 'O Messenger of Allah, it is a day that the Jews and Christians honor.' The Prophet said, 'When the following year comes-Allah willing- we shall fast on the ninth.' The death of the Prophet came before the following year." This is recorded by Muslim and Abu Dawud.
7. The scholars have mentioned that the fast of 'Ashura is of three levels: (1) fasting three days – that is, on the 9th, 10th, and 11th of Muharram; (2) fasting on the 9th and 10th; and (3) fasting only on the 10th.

May Allah Almighty accept our good actions and bless us.

*Prepared By Br. Muhaemin
26 February 2004*

Fadtech Digital Holy Quran

A digital book, which can RECITE the whole Holy Quran with the Arabic Script, is available for ordering at the PU office. For details, please feel free to contact Sr. Durra at 7/F., 40 Oi Kwan Road, Wan Chai, PU office.

電子古蘭經

一部能顯示及頌讀阿文古蘭經的電子書
已可在香港伊斯蘭聯會訂購。詳情可到灣仔愛
群道七樓香港伊斯蘭聯會辦事處傅小姐聯絡。